Music has a steady beat, can you feel it in your feet?

1 2 3 4 5 6 7 8

(stamp feet)

Hear the music in the band, can you feel it in your hands?

1 2 3 4 5 6 7 8

(clap hands)

Now let’s try a clever trick, can you make your fingers click?

1 2 3 4 5 6 7 8

(click fingers)

‘Feel the beat’ is what I said, can you think it in your head?

(1) (2) (3) (4) (5) (6) (7) 8

(count silently until beat eight)

Music has a steady beat or pulse. Just like your heartbeat, it keeps going all the way through a song or tune. A fast tune will have a fast beat and a slower tune a slower beat.

Tap a steady beat and chant the words of a song you know well. Keep tapping all the way through.
Get-ready rag

Sit up straight on the front half of your chair and get ready to do each of the actions along with the CD. Start with your cello upright at arm’s length. Once your cello is in place, do actions 5–8 while you move to the music.

1. Sit up tall and straight,

2. Tap your feet apart,

3. On your left-hand side,

4. Now it’s time to start.

5. Feel the beat: sway on the spot, left and right.
6. Swinging hammock: swing your elbows.
7. High jump: tap your left hand on the strings or the wood either side of the fingerboard.
8. Long jump: slide your left hand up and down the fingerboard.
At the zoo

Listen

A for alligators, A for alligators,

D for dolphins, D for dolphins,

G for gorillas, G for gorillas,

C for camels, C for camels,

Chant

That’s what we have in our zoo. Yeah!

Be a composer

Make up your own rhythms using the open strings. Think of something beginning with each letter and then play the pattern of the words on each string. You could use the names of friends or different places as starting points. Write your words in the spaces below:

A for ____________________________

D for ____________________________

G for ____________________________

C for ____________________________
String-crossing tunes

In these string-crossing tunes, watch your elbow swing down when you play a lower string and up when you play a higher string.

Happy Haydn

*Simply*

Haydn, arr. KB/DB

When you cross from string to string, watch your elbow do a swing.

Make it do that swing-ing thing, when you cross a string.

Monkeys swing

*Rock groove*

Mon-keys swing from tree to tree, they swing so fast they might catch me, hey!

1. (swing your elbows in time to the music)

Mon-keys swing, mon-keys swing, Swing, swing, swing, swing, swing it, yeah!

2. (swing your elbows in time to the music)

Swing, swing, swing, swing, swing, those mon-keys can swing! Yeah!

Are you using your elbow to help you move from string to string?

This means you should rest for two beats: –

These are first- and second-time bars.
Writing time
Draw these D-string notes on the stave below:

Bar 1: \( \text{\textbf{x x x x}} \) on open D

Bar 2: \( \text{\textbf{x x x x}} \) on E

Bar 3: \( \text{\textbf{\textbullet \textbullet \textbullet \textbullet}} \) on F#

Bar 4: \( \text{\textbf{\textbullet \textbullet \textbullet \textbullet}} \) on G and a two-beat rest

Now draw a down-bow sign above the first note and play the tune through.

Roller coaster quiz
Play ‘Roller coaster’ on page 24 and then do the quiz below.

• Some notes are missing in the tune. Fill them in where you see the * sign.

• Draw a circle around the time signature.

• Fill in the missing number: \( \frac{4}{4} \) means _______ \( \text{\textbullet \textbullet \textbullet \textbullet} \) beats in a bar.

• A \( \text{\textbullet \textbullet \textbullet \textbullet} \) rest is missing in bar 4. Draw it in correctly.

• Draw a circle around some \( \text{\textbullet \textbullet \textbullet \textbullet} \) Es.

• How many F#s can you count in the first line? ________
Here comes B

Off to school

On the go

Friends and I, we walk to school, we walk walk walk walk walk,

that's our rule. Walk walk walk walk walk walk walk.

Then when it's time to go home from school, we're jog-ging jog-ging jog-ging jog-ging,

Slower l.h. pizz.

that's our rule! Jog-ging jog-ging jog-ging jog-ging. Phew let's stop!

* Tap your 4th finger on the A string.

Wake up!

Insistent

Wake up in the morn-in', got-ta stop your snor-in',

wake up in the morn-in', wake up! Here's your fi-nal warn-in',

got-ta stop your yawn-in', here's your fi-nal warn-in', get up!
A-string tunes

Get aboard

Try some swinging rhythms in verses 2 and 3. Listen to track 56 to hear how it goes and get the swing of it!

Verse 1
Swinging along

Get a-board the rhythm train, we’re heading out of town, yeah.

Verse 2
Chickety-can, it goes speeding along, it goes
Chickety-can, it goes speeding along, it goes
Chickety-can, it goes speeding along, it goes
Chickety-can all day long!

Verse 3
Speeding here and speeding there, it
Speeds right down the railway track, it’s
Speeding here and speeding there, don’t
Know when we’ll be back!

Clear blue sky

Gently

1. Come and fly, way up high, we will see clear blue sky.
2. Like a bird flying round, soaring far from the ground.
3. Flying high on the wing, see them swoop, hear them sing.
Beach holiday

Happily

Summer’s here, the sun is shining brightly, time to have a holiday.

Blue skies, blue sea, sand between my toes, and ice-cream on the beach today!

Summer’s here, the sun is shining brightly, I just love the holidays, yes I do!